



## **Caries Risk Assessment Form**

Adults/Children Over Age 6

| Patient Name: |  |                             | Date:                    |            |  |
|---------------|--|-----------------------------|--------------------------|------------|--|
| Insti         | ructions: Circle the answers that ap   | oply.                       |                          |            |  |
|               | FACTORS  | HIGH                        | MODERATE                 | Low        |  |
| 1             | DISEASE FACTORS  |                             |                          |            |  |
|               | Visible cavitations  | yes                         |                          | no         |  |
|               | Cavity in last three years   | yes                         |                          | no         |  |
|               | Radiographic lesions   | yes                         |                          | no         |  |
|               | White spot lesions   | yes                         |                          | no         |  |
| 7             | RISK FACTORS   |                             |                          |            |  |
| _             | Inadequate saliva flow   |                             | yes                      | no         |  |
|               | Appliances present   |                             | yes                      | no         |  |
|               | Deep pits/fissure  | yes                         | no                       |            |  |
|               | Exposed roots  | yes                         | no                       |            |  |
|               | GERD   | yes                         |                          | no         |  |
|               | Sjogren's syndrome   | yes                         |                          | no         |  |
|               | Hyposalivary meds  | yes                         |                          | no         |  |
|               | Radiation therapy  | yes                         |                          | no         |  |
|               | Snacks between meals   | > 3 times                   | 1-3 times                | infrequent |  |
|               | Regular soda   | yes                         | infrequent               | no         |  |
|               | Recreational drugs   | yes                         |                          | no         |  |
| 3             | PROTECTIVE FACTORS   |                             |                          |            |  |
|               | Fluoridated water  | no                          |                          | yes        |  |
|               | Fluoridated toothpaste   | no                          |                          | yes        |  |
|               | Adequate saliva flow   | no                          |                          | yes        |  |
|               | Fluoride mouth rinse   |                             | no                       | yes        |  |
|               | Xylitol gum/mints  |                             | no                       | yes        |  |
|               | CariFree rinse   | no                          | yes                      |            |  |
|               | Other Rx rinse   | no                          | yes                      |            |  |
| 4             | LABORATORY TESTS   |                             |                          |            |  |
|               | Screening  | 3500 – 9999                 | 1500 – 3500              | 0 – 1500   |  |
|               | Culture  | high                        | moderate                 | low        |  |
|               | CARIES RISK ASSESSMENT   | HIGH                        | MODERATE                 | LOW        |  |
|               | PROGNOSIS  | POOR                        | FAIR                     | GOOD       |  |
| bacte         | e been given the recommendation to have<br>erial counts as a part of my overall caries of<br>decline, releasing my dentist(s) of any lia | risk assessment. I understa | and the risks and benefi |            |  |
| Relea         | ase Signature:   |                             | Date:                    |            |  |